

## Guidance on what is possible in each English tier

(Updated 23 December 2020)

New rules came into effect on 20 December as the Government introduced a tier 4 local lockdown level. [Find out what tier](#) your local area is in.

From 2 December, in tiers 1, 2 and 3:

- The requirement to stay at home unless you have a reasonable excuse to leave has ended. Domestic and international travel is permitted again subject to guidance in each tier
- Grassroots sport, including sailing and boating, is allowed to resume and sailing clubs and marinas are able to reopen
- People are no longer limited to seeing only one other person in outdoor public places – the rule of 6 will now apply as it did in the previous set of tiers

From 20 December the Government has introduced tier 4 having assessed that stronger measures are needed in some areas to prevent the epidemic from growing. The following table summarises the restrictions that will apply in each tier in England.

Activity	Tier 1 - Medium Alert	Tier 2 - High Alert	Tier 3 - Very High Alert	Tier 4 - Local Lockdown
<b>Meeting with others</b>	<p>You can see people from different households both indoors and outdoors but only in groups of up to 6 people from different households – “the rule of 6”.</p> <p>You should maintain social distancing from anyone not in your household or support bubble.</p>	<p>You can see people from different households outside in groups of up to 6 people but you can only meet inside with those in your household or support bubble.</p> <p>You should maintain social distancing from anyone not in your household or support bubble.</p>	<p>You can only meet with others in “public outdoor places”, such as beaches or parks, but only in groups of up to 6 people from different households.</p> <p>You can only meet indoors or in private outdoor spaces, such as someone's garden, with those in your household or support bubble.</p> <p>You should maintain social distancing from anyone not in your household or support bubble.</p>	<p>You can only spend time in your house or garden with the people you live with, including your support bubble.</p> <p>You can only meet up with one other person from another household in public outdoor places, such as beaches or parks.</p> <p>You should maintain social distancing from anyone not in your household or support bubble.</p>
<b>Exercise, sporting and physical activity</b>	<p>Sailing clubs, boat parks and marinas can open.</p> <p>All forms of informal or self-organised recreational boating are permitted within the legal limits for meeting others.</p> <p>The exemption to the rule of 6 for organised outdoor sports and related sporting activity essential to its facilitation is permitted.</p> <p>Organised outdoor sport for under 18s and disabled people is allowed.</p>	<p>Sailing clubs, boat parks and marinas can open.</p> <p>All forms of informal or self-organised recreational boating are permitted within the legal limits for meeting others.</p> <p>The exemption to the rule of 6 for organised outdoor sports and related sporting activity essential to its facilitation is permitted.</p> <p>Organised outdoor sport for under 18s and disabled people is allowed.</p>	<p>Sailing club boat parks and marinas can open.</p> <p>All forms of informal or self-organised recreational boating are permitted within the legal limits for meeting others.</p> <p>The exemption to the rule of 6 for organised outdoor sports and related sporting activity essential to its facilitation is permitted.</p> <p>Organised outdoor sport for under 18s and disabled people is allowed.</p>	<p>Sailing club boat parks and marinas can open for individual exercise, and for people to use with others within their household, support bubble, or with one person from another household. However, you should consider the associated risks very carefully.</p> <p>Organised outdoor sport for under 18s and disabled people is allowed.</p>
<b>Hospitality - club bars and restaurants</b>	<p>Venues can operate restaurant and bar facilities.</p> <p>Licensed venues may operate with table service at the point of ordering and consuming.</p> <p>Unlicensed venues may operate provided customers are seated at the point of consumption.</p> <p>They should close by 11pm and take last orders at 10pm.</p> <p>The rule of 6 applies.</p>	<p>Licensed restaurants and bars must close unless they operate as restaurants and are able to serve a substantial meal providing table service only. Alcohol can only be served with a meal.</p> <p>Unlicensed venues may operate provided customers are seated at the point of consumption.</p> <p>They should close by 11pm and take last orders at 10pm.</p>	<p>Hospitality must close with the exception that takeaway and delivery services can remain open.</p>	<p>Hospitality venues are closed, but can remain open for takeaway, drive through and delivery services.</p>

	<p>Takeaway and delivery services can remain open after 10pm.</p>	<p>You can only go to these places with people from your household or support bubble.</p> <p>Takeaway and delivery services can remain open after 10pm.</p>		
<b>Travel</b>	<p>You can continue to travel to venues and amenities which are open for exercise and open air recreation.</p> <p>If you live in a tier 1 area and travel to a higher tier you should follow the rules for the higher tier you are in.</p> <p>Avoid travel into tier 3 areas unless this is necessary to enable individual exercise (or exercise for people from the same household or support bubble) or to enable sport for disabled people, sport for educational purposes, or organised sport and physical activity for under-18s.</p> <p>Avoid travel into tier 4 areas unless this is necessary to enable sport for educational purposes, and organised sport for disabled people and under-18s.</p> <p>You can travel through a tier 3 area as part of a longer journey.</p> <p>We are awaiting guidance whether you can travel through tier 4 as part of a longer journey.</p>	<p>You can continue to travel to venues and amenities which are open for exercise and open air recreation.</p> <p>If you travel to a lower tier you must follow the rules for your tier. If you travel to a higher tier you must follow the rules for the higher tier you are in.</p> <p>Avoid travel into tier 3 areas unless this is necessary to enable individual exercise (or exercise for people from the same household or support bubble) or to enable sport for disabled people, sport for educational purposes, or organised sport and physical activity for under-18s.</p> <p>Avoid travel into tier 4 areas unless this is necessary to enable sport for educational purposes, and organised sport for disabled people and under-18s.</p> <p>You can travel through a tier 3 area as part of a longer journey.</p> <p>We are awaiting guidance whether you can travel through tier 4 as part of a longer journey.</p>	<p>You can continue to travel to venues and amenities which are open for exercise and open air recreation.</p> <p>If you travel to a lower tier you must follow the rules for your tier. If you travel to a higher tier you must follow the rules for the higher tier you are in.</p> <p>Avoid travel outside of a tier 3 area for sport, unless this is necessary to enable individual exercise (or exercise for people from the same household or support bubble) or to enable sport for disabled people, sport for educational purposes, or organised sport and physical activity for under-18s.</p> <p>You can travel through tier 1 and 2 areas as part of a longer journey.</p> <p>We are awaiting guidance whether you can travel through tier 4 as part of a longer journey.</p> <p>Avoid travel into a tier 4 area other than for legally permitted reasons (for example exercise, work, sport for educational purposes, organised outdoor sports gathering for persons who have a disability or are aged under-18).</p>	<p>You must stay at home, other than for legally permitted reasons. These include exercise, open air recreation, work, sport for educational purposes, organised outdoor sports gathering for persons who have a disability and under 18s.</p> <p>If you need to travel you should stay local.</p> <p>You should reduce the number of journeys you make overall.</p> <p>The Regulations place no restriction on travel per se, however, Government guidance is quite clear in that you should not travel into and out of a tier 4 area except for legally permitted reasons. Even where you have a legally permitted reason you should think very carefully about the risks to yourself and others caused by the new variant of the virus.</p> <p>You can travel through adjacent tier 4 areas.</p>
<b>Staying overnight</b>	<p>You can only stay overnight somewhere if it's with those in your household, support bubble or within the rule of 6.</p> <p>Avoid overnight stays in tier 3 areas unless needed for work, education or similar.</p> <p>The restrictions on overnight stays in tier 3 areas do not apply where it's necessary to enable disability sport, sport for educational purposes, or supervised sport and physical activity for under-18s, to take place. It's for the individual to decide whether travelling or staying overnight is</p>	<p>You can only stay overnight somewhere if it's with those in your household or support bubble.</p> <p>Avoid overnight stays in tier 3 areas unless needed for work, education or similar.</p> <p>The restrictions on overnight stays in tier 3 areas do not apply where it's necessary to enable disability sport, sport for educational purposes, or supervised sport and physical activity for under-18s, to take place. It's for the individual to decide whether travelling/staying</p>	<p>Accommodation must close with certain exceptions.</p> <p>Avoid overnight stays outside of a tier 3 area unless needed for work, education or similar. This should only be with those in your household or support bubble.</p> <p>Within tier 3 areas you may only stay overnight with your household or bubble if it is in in your local area.</p> <p>The restrictions on overnight stays do not apply where it's necessary to enable disability sport, sport for educational purposes, or supervised</p>	<p>You cannot stay overnight away from your main home other than for legally permitted reasons (for example for work or caring responsibilities). This includes staying on your boat.</p> <p>If an overnight stay is essential, people must only do so with their household/ support bubble.</p> <p>Accommodation will be closed in tier 4 areas except for specific reasons.</p>

	strictly necessary for the activity.	overnight is strictly necessary for the activity.	sport and physical activity for under-18s, to take place. It's for the individual to decide whether travelling or staying overnight is strictly necessary for the activity.	
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*The above guidance to members and affiliates is the RYA's interpretation of the Government's current position. Although we strive to ensure that all the information is accurate and up to date, this cannot be guaranteed due to the developing and fast-moving situation. RYA members and affiliates should review the Government's full guidance themselves and follow the latest announcements at [www.gov.uk](http://www.gov.uk).*